



Pediatric Mental Health Care Access Program

NORTH
Dakota
Be Legendary.

Health & Human Services

North Dakota Pediatric Mental Health Care Access Program

North Dakota Department of Health and Human Services (ND HHS)

ND HHS – Public Health Division

ND HHS – Behavioral Health Division

Contracted Positions/Roles

Kimberly Hruby
**Title V MCH
Director**

Krissie Guerard
**Community
Engagement
Director**

Alicia Belay
**Community
Engagement Asst
Director**

Sonya Abe, Cheyenne
Smith, Hunter Parisien,
Luticia Mann
Tribal Health Liaisons

Dr. Shauna Eberhardt
**PMHCA Program
Director, Clinical
Policy Director,
HHS-BHD**

Sara Kapp
**PMHCA Program
Manager, Program
Administrator,
HHS-BHD**

Matthew Best
**PMHCA Data
Manager**

Linda Mertz
**PMHCA Fiscal
Manager**

Partners

Family Voices

Jenn Faul
Program Coordinator
(Sanford Research
North)

Consultation Line

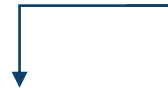
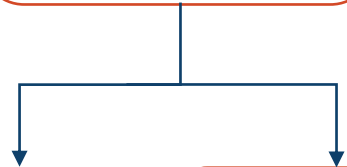
Lyndsi Engstrom
(CREA)

Family Care
Coordinator(s)

On Call staff-
Clinicians

Emergency Department
Personnel

Training Faculty



Pediatric Mental Health Care Access Program Overview

PMHCA Program Goal

Promote behavioral health integration into pediatric primary care by using telehealth modalities to provide high quality and timely detection, assessment, treatment and referral for children and adolescents, with behavioral health conditions, using evidence-based practices and methods.





PMHCA Program Purpose

Promote behavioral health integration in pediatric primary care in new or existing telehealth access programs.

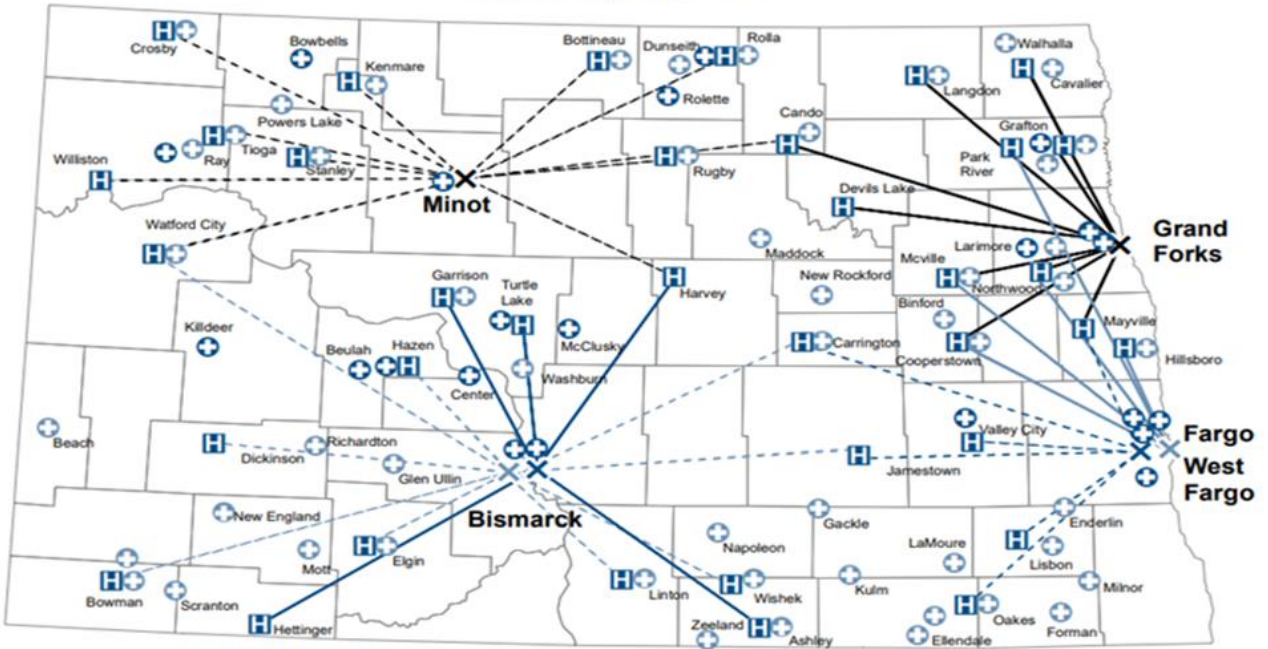
Provide training and education to support the treatment of children and adolescents with behavioral disorders.

Support telehealth consultation and referral to a local pediatric behavioral health provider, to the extent possible.

Serve as a resource for pediatric primary care providers, psychiatrists, mental health professionals, and care coordinators.

Pediatric Mental Health Care Access Program

Critical Access Hospitals, Rural Health Clinics, and Federally Qualified Health Centers North Dakota, 2020



Referral Centers

- Altru Health Systems Grand Forks
- CHI St. Alexis Bismarck
- Sanford Health and CHI St. Alexis Bismarck
- Sanford Health Fargo
- Sanford Health and Essentia Health Fargo
- Trinity Hospital Minot

Legend:

- X Referral Center
- H Critical Access Hospital
- H Federally Qualified Health Center
- Rural Health Clinic

Logos:

- UND SCHOOL OF MEDICINE & HEALTH SCIENCES UNIVERSITY OF NORTH DAKOTA
- ND HEALTHCARE WORKFORCE GROUP
- CRH Center for Rural Health University of North Dakota School of Medicine & Health Sciences

The Rural Health Clinic Services Act of 1977 (Public Law 95-210) was enacted to address an inadequate supply of physicians serving Medicare patients in rural areas and to increase the use of non-physician practitioners such as nurse practitioners (NPs) and physician assistants (PAs) in rural areas.

Sources: data.HRSA.gov, March 2020
Created by the North Dakota Healthcare Workforce Group on 3/2020

Pediatric Mental Health Care Access Program

HSRI AIM 8: Continue to expand the use of Telebehavioral health

Goals

- 8.1 Increase the types of services available through tele-behavioral health
- 8.2 Enhance capacity of community providers to provide tele-behavioral health services through education and awareness

Pediatric Mental Health Care Access Program

- The PMHCA grant was released by the Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB)
- The PMHCA grant was awarded from 2023-2026
 - Year 1: \$850,000 (20% cost match)
 - Year 2: \$700,000 (20% cost match)
 - Year 3: \$700,000 (20% cost match)

PMHCA Program Goals



Goal 1:

Increase the capacity of primary care providers to screen, diagnose and treat children for behavioral health disorders in primary care settings.

PMHCA Program Goals

Goal 1 objectives:

- **Objective 1-a:** Increase the number of children receiving access to Tele-behavioral health care in primary care settings by 25% by 2026.
- **Objective 1-b:** Increase North Dakota's PMHCA efforts to work towards achieving health equity related to racial, ethnic and geographical disparities in access to behavioral health services.



PMHCA Program Goals

Activities to Achieve Goal:

- Consultation Line
- Care Coordination
- Enhance Behavioral Health Databases
- Increase Primary Care provider sites utilizing consultation line
- Behavioral Health specific trainings
- Develop Sustainability Plan
- Integrate Peer Support services
- Increase awareness of project and expand access points outside of Primary Care settings

PMHCA Program Goals



Goal 2:

Develop and create capacity for telehealth programs in community-based settings by expanding partnerships within Emergency Departments and Schools.

PMHCA Program Goals

Goal 2 objectives:

- **Objective 2-a:** Strengthen and expand training and implementation of integrated behavioral health support in schools to increase the number of students receiving tele-behavioral health services
- **Objective 2-b:** Build capacity within the Emergency Departments and provide training and technical assistance to identify risk factors and early warning signs



PMHCA Program Goals

Activities to Achieve Goal:

- Expand capacity within ND Full Service Community Schools
- ECHO sessions and trainings with school based providers and professional staff to develop knowledge of screening tools, diagnoses, risk factors and culturally responsive care.
- Partner with additional community based services to bring additional resources to communities
- Develop framework for supporting implementation of integrated behavioral health support in education
- Expand partnerships within Emergency Departments
- Assess and create framework to support tele-behavioral health needs within Emergency Departments
- Integrate Family Peer Support services into Emergency Departments.



Thank you!



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