

Pediatric Symptom Checklist

- 35 item checklist used as a screening tool for psychosocial dysfunction. It is designed to facilitate the recognition of cognitive, emotional and behavioral problems in children.
- PSC is free, downloadable and limited training is needed to administer and score tool.
 - Reading level for the tool is 5th Grade.
- PSC is intended to be completed by parent, guardian or primary caregiver.
 - PSC covers age range from 4-11 years.
- www.brightfutures.org/mentalhealth/pdf/professionals/pedsymptom_chklist.pdf
- Google — Pediatric Symptom Checklist

Administering, Scoring and Interpretation of PSC

- Items on the tool are rated as Never, Sometimes and Often. Scores are calculated by adding together scores for each item.
 - Never = 0
 - Sometimes = 1
 - Often = 2
- For children ages 4 and 5, the PSC cut off score for referrals is 24 or higher.
- For children and adolescents 6-16 years, the PSC cut off score is 28 or higher.
- Items that are left blank, are ignored (blank item = 0).
- If 4 or more items are left blank, the questionnaire is considered invalid.
- Positive scores should be discussed with parent or guardian. Suggestions for referrals.
- False positive and false negatives do occur – but this needs to be determined by clinician. I always tell parents that this is just a screening tool not a diagnostic tool.
- Data indicates that 2 out of 3 children who screen positive on PSC will be correctly identified as having moderate or serious impairment in psychosocial functioning. The 1 child who is incorrectly indentified may have mild impairment.

Pictorial Pediatric Symptom Checklist

- This tool is useful with children ages 7-11, parents or guardians with limited reading skills or children, parents or guardians who read or speak limited English or Spanish.
- The PPSC is free and downloadable:
 - www.dlppeds.org
 - Google Pictorial Pediatric Symptom Checklist
- Not produced by Bright Futures but has been studied with good psychometrics.

Pediatric Symptom Checklist - Youth

- PSC-Y is intended for adolescents ages 11 and up.
- This tool is completed by the youth independently.
- The cut off score for the PSC-Y is 30. If an item is left blank, it is scored as a 0. If 4 or more items are left blank, the questionnaire is invalid.
- Questions?

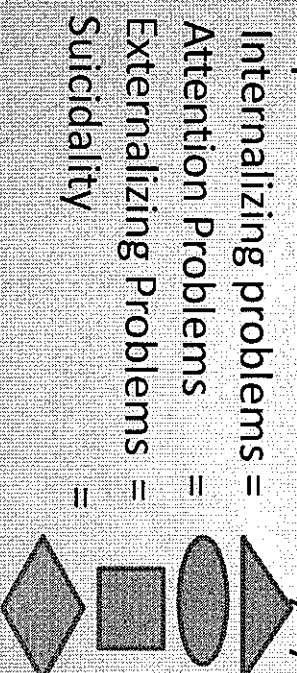
Teen Screen

National Center For Mental Health Checkups at Columbia University

- Teen Screen is a great free resource to order PSC- Y and several other assessment tool.
- The PSC- Y can be ordered in Spanish from this site.

▪ This version of the PSC-Y asks questions about suicide ideation and attempts.

▪ In scoring, individual problem area are marked by symbols which indicate possible concerns:



Teen Screen (con't)

- Scoring is the same as the PSC with scoring of 0 for never, 1 for sometimes and 2 for often.
- If teen scores 30 or above, talk with parent and adolescent about mental health screening.
- If either question regarding suicide is answered with a 1 or 2, further assessment for suicidal thinking, behavior and depression is needed. Possibly immediately.
- Copies of the PSC-Y can be obtained at www.teenscreen.org.
 - Click on Programs
 - Click on Primary Care
 - Under "Getting Started and Implementation Materials," click on "Sign up to order Free Implementation Materials"
 - Complete order form