

NEWS RELEASE | **FOR IMMEDIATE RELEASE** | June 29, 2020

Collette Fitness Center in Grafton to reopen on July 6

BISMARCK, N.D. – The Collette Fitness Center located on the Life Skills and Transition Center (LSTC) campus in Grafton will reopen for members only on Monday, July 6, with modified operating procedures and cleaning and sanitation protocols as outlined in the ND Smart Restart guidelines for fitness centers. The center closed on March 16 due to the COVID-19 pandemic.

All members and staff will be required to complete a temperature check, answer health screening questions upon arrival and follow all federal and state health and safety guidelines. Staff members will be required to wear cloth face masks at all times.

Members will have access to the cardio room, weight room, restrooms and the gymnasium for adult fitness classes and individual basketball time. The fitness center will be limiting the number of people allowed in the cardio and weight rooms to support social distancing.

There will be various areas of the fitness center that will be temporarily closed, including the swimming pool, locker rooms, group fitness room, racquetball court, lounge rental, walking tunnels and the gymnasium for group sports activities such as basketball games. Youth ages 10 to 13 must have direct parental supervision while at the center, and youth ages nine and younger are prohibited at this time.

"I would like to thank our members and the entire greater Grafton community and region for their understanding and patience as we work to reopen the Collette Fitness Center," said LSTC Superintendent Susan Foerster. "Our plan is to continue to follow the ND Smart Restart guidelines and make more areas of the fitness center available as time goes on, while balancing the health and safety of members and our staff."

The fitness center will also implement new sanitation protocols.

"Cleaning and disinfecting public use areas will be top priority for us," she said. "Our team members will clean and disinfect the facility throughout the day, and members will be required to disinfect machines and equipment before and after each use. There will also be an ample supply of hand sanitizer and equipment disinfectant on hand."

The Collette Fitness Center will be open Mondays through Thursdays 6 a.m. to 8 p.m., Fridays from 6 a.m. to 7 p.m. and Saturdays from 9 a.m. to 1 p.m. The fitness center is closed on Sundays. For more information on the reopening and for other updates, visit the fitness center's [Facebook page](#).

#

MEDIA CONTACTS :

LuWanna Lawrence – ND Department of Human Services | 701-328-1892
lklawrence@nd.gov

Heather Steffl – ND Department of Human Services | 701-328-4933
hsteffl@nd.gov