

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 1: Health Care Coverage**

**Table 1: What is the name of the health plan you use to pay for most of your medical care?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Medicare	17.3	15.9-18.7
Medicaid or Medical Assist	3.4	2.3-4.4
Military, Tricare or CHAMP	4.9	3.8-6.0
Indian Health Services	0.7	0.2-1.2
Blue Cross Blue Shield or ND-PERS	59.5	57.4-61.6
Fortis Insurance	0.1	0.0-0.2
American Family Mutual	0.4	0.2-0.6
Medica Health Plans	2.2	1.6-2.8
Heart of America (HMO)	0.3	0.1-0.5
Altru Health Plan	0.2	0.0-0.5
Other	10.0	8.8-11.2
None	0.6	0.1-1.1

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 2: Indian Health**

**Table 1: Do you live on a reservation or Indian Service Area?**

**Denominator: Percentage identifying their race as American Indian or Alaskan Native.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes, Reservation	61.9	48.6-75.2
Yes, Indian Service Area	14.8	3.4-26.1
No, Neither	23.4	12.6-34.2

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 2: Indian Health**

**Table 2: Are you currently an enrolled tribal member?**

**Denominator: Percentage identifying their race as American Indian or Alaskan Native.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	91.0	82.9-99.1
No	9.0	0.9-17.1

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 2: Indian Health**

**Table 3: Which tribe?**

**Denominator: Percentage among all respondents who are enrolled tribal members.  
Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Mandan	0.7	0.0-2.0
Arikara	2.3	0.0-5.2
Hidatsa	0.3	0.0-1.0
Three Affiliated Tribes	10.1	2.5-17.7
Spirit Lake Sioux	12.2	3.8-20.6
Standing Rock Sioux	16.2	4.8-27.5
Other Sioux	1.4	0.0-3.4
Chippewa	46.2	32.2-60.2
Other	10.7	2.8-18.5

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 2: Indian Health**

**Table 3: How much of your health care do you obtain from an Indian Health Service clinic? Would you say?  
Denominator: Percentage among all respondents who are enrolled tribal members.  
Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
All	41.6	17.4-40.6
Most	20.9	6.4-31.3
Some	16.8	3.3-17.8
Little	12.7	4.9-22.7
None	8.1	17.2-38.5

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 3: Anxiety and Depression**

**Table 1: Now, I am going to ask you some questions about your emotional health and well-being.**

**Has a doctor or other healthcare provider EVER told you that you have an anxiety disorder, including acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, phobia, posttraumatic stress disorder, or social anxiety disorder?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	9.5	8.2-10.7
No	90.5	89.3-91.8

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 3: Anxiety and Depression**

**Table 2: Has a doctor or other healthcare provider EVER told you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	15.3	13.8-16.9
No	84.7	83.1-86.2

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 4: Other Tobacco Products**

**Table 1: Have you ever used or tried any smokeless tobacco products such as chewing tobacco or snuff?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	21.5	19.6-23.4
No	78.5	76.6-80.4

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.



**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 4: Other Tobacco Products**

**Table 2: Do you currently use chewing tobacco or snuff every day, some days, or not at all?  
Denominator: Percentage among respondents who chew tobacco or snuff.  
Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Every day	15.0	11.2-18.9
Some days	13.5	8.9-18.2
Not at all	71.5	66.2-76.7

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 4: Other Tobacco Products**

**Table 3: Have you ever smoked a cigar, even one or two puffs?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	45.8	43.6-48.0
No	54.2	52.0-56.4

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010**

**State Added 4: Other Tobacco Products**

**Table 4: Do you now smoke cigars every day, some days or not at all?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Every day	0.5	0.2-0.8
Some days	6.8	4.8-8.8
Not at all	92.8	90.7-94.8

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 5: Heart Attack and Stroke**

**Table 1: Do you think sudden confusion or trouble speaking are symptoms of a stroke?  
Denominator: Percentage among all respondents.  
Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	93.3	91.9-94.8
No	6.7	5.2-8.1

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 5: Heart Attack and Stroke**

**Table 2: Do you think sudden numbness or weakness of face, arm, or leg; especially on one side are symptoms of a stroke?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	95.9	95.1-96.8
No	4.1	3.2-4.9

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 5: Heart Attack and Stroke**

**Table 3: Do you think sudden trouble seeing in one or both eyes are symptoms of a stroke?  
Denominator: Percentage among all respondents.  
Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	86.6	85.0-88.3
No	13.4	11.7-15.0

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 5: Heart Attack and Stroke**

**Table 4: Do you think sudden chest pain or discomfort are symptoms of a stroke?  
Denominator: Percentage among all respondents.  
Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	52.3	49.9-54.7
No	47.7	45.3-50.1

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 5: Heart Attack and Stroke**

**Table 5: Do you think sudden trouble walking, dizziness, or loss of balance are symptoms of a stroke?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	6.7	5.5-7.8
No	93.3	92.2-94.5

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.



**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 5: Heart Attack and Stroke**

**Table 6: Do you think severe headache with no known cause is a symptom of a stroke?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	74.2	71.8-76.5
No	25.8	23.5-28.2

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 5: Heart Attack and Stroke**

**Table 7: If you thought someone was having a stroke, what is the first thing you would do?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Take them to the hospital	13.0	11.5-14.5
Tell them to call their doctor	1.0	0.6-1.3
Call 911	82.0	80.3-83.6
Call their spouse or a family member	0.9	0.5-1.2
Do something else	3.2	2.4-3.9

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 6: Suicide**

**Table 1: During the past five years, did you ever seriously consider attempting suicide?  
Denominator: Percentage among all respondents.  
Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes	4.3	2.9-5.8
No	95.7	94.2-97.1

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010

State Added 6: Suicide

Table 2: During the past 12 months, did you ever seriously consider attempting suicide?

Denominator: Percentage among all respondents.

Denominator excludes: Respondents with do not know/refused/missing responses.

Response Categories	%	CI (95%)
Yes		
No		

Too few to report: The number of responses is too small to produce reliable statewide estimates

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 6: Suicide**

**Table 3: During the past 12 months, did you make a plan about how you would attempt suicide?**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Yes		
No		

**Too few to report: The number of responses is too small to produce reliable statewide estimates**

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.

**Behavioral Risk Factor Surveillance System  
North Dakota State Added Questions Data Report, 2010  
State Added 7: Sexual Orientation**

**Table 1: Now I'll read a list of terms people sometimes use to describe themselves – heterosexual or straight; homosexual or gay/lesbian and bisexual. As I read the list again, please stop me when I get to the term that best describes how you think of yourself.**

**Denominator: Percentage among all respondents.**

**Denominator excludes: Respondents with do not know/refused/missing responses.**

<b>Response Categories</b>	<b>%</b>	<b>CI (95%)</b>
Heterosexual	98.8	98.3-99.4
Homosexual	0.3	0.1-0.5
Bisexual	0.9	0.4-1.3

Note: % = Percentage, C.I. (95%) = Confidence Interval (at 95 percent probability level). Percentages are weighted to population characteristics.