



Human Services
Research Institute



North Dakota Behavioral Health Strategic Plan

Update for Behavioral Health Planning Council
December 2022



Progress as of September 30, 2022

Objectives		Complete or In Progress and On Time
1.	Develop and implement a comprehensive strategic plan	91%
2.	Invest in prevention and early intervention	86%
3.	Ensure all North Dakotans have timely access to behavioral health services	81%
4.	Expand outpatient and community-based service array	92%
5.	Enhance and streamline system of care for children and youth	47%
6.	Continue to implement and refine the current criminal justice strategy	71%
7.	Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce	92%
8.	Continue to expand the use of telebehavioral health interventions	82%
9.	Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches	78%
10.	Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services	100%
11.	Partner with tribal nations to increase health equity for American Indian populations	78%
12.	Diversify and enhance funding for behavioral health	100%
13.	Conduct ongoing, system-wide, data-driven monitoring of need and access	80%

New Goals!

Goal 3.4: Incorporate brain injury screening and referral protocols into justice settings and community-based behavioral health services

Goal 3.5: Develop and execute planning, implementation, and communications strategies to establish a 988 behavioral health crisis service line

Goal 8.2 Enhance capacity of community providers to provide telebehavioral health services through education and awareness

Goal 9.2 Convene behavioral health leaders in New American/foreign-born/immigrant communities to understand and identify community-specific strengths, needs, and priorities and identify opportunities to partner with HHS

Goal 9.3 Through consultation between the Behavioral Health Division and the Health Equity Unit, identify populations currently underserved by behavioral health program and initiatives, and strategies for promoting health equity for those underserved populations

Goal 13.1 Create the groundwork to align state and local data systems to support system goals of quality, equity, transparency, cross-system collaboration and coordination

Goal 13.2 Review epidemiological data collection and analysis processes and revise to ensure they reflect best practice in identifying and tracking disparities and promoting health equity

Goal 13.3 Invest in infrastructure and establish parameters for a Behavioral Health Division data collection, management, and analysis process

Upcoming Work

- Rewrite Aim 5 goals to reflect upcoming System of Care grant work
- Expand on existing supportive housing goal
- Further expand on existing school-based behavioral health services goal
- Create new Aim 7 (workforce) goals to align with WICHE recommendations
- Revisit seclusion and restraint reduction goal

Reworking the “universal” screening goal

Goal 3.1 Identify universal age-appropriate, culturally sensitive, evidence-based behavioral health—mental health, substance use, brain injury, and trauma— screening instruments for children and adults in all human services settings

- Overly broad, involves action in many different parts of the system(s), some areas more feasible and actionable than others
- Proposed action: Break into smaller more specific goals to address key issues (e.g. brain injury screening in jails)
- For discussion: What do you see as the most pressing needs for behavioral health-related screening in North Dakota?



Sharepoint Review

<https://hsri.sharepoint.com/sites/NorthDakotaBehavioralHealthPlan>

How to Use This Sharepoint Site

This site contains detailed information on the goals, objectives, and action steps of The Plan and will be kept up to date as progress is made. Lead staff, BHPC liaisons, and other collaborators can use this site to stay informed and coordinate efforts.



Revisiting the Liaison role

- Originally created to coordinate and channel oversight between quarterly BHPC meetings
- Has been challenging to keep liaisons looped in for some aims
- Works well when the work includes regularly scheduled meetings (example Aim 7 workgroup)
- Improvement ideas:
 - Identify liaisons by goal rather than aim
 - HSRI can e-connect liaisons with lead staff for each goal
 - Other ideas?

Current Liaisons

Aims	Liaisons
1. Develop & implement a comprehensive strategic plan	Brenda Bergsrud
2. Invest in prevention and early intervention	Carlotta McCleary Carl Young
3. Ensure timely access to behavioral health services	Emma Quinn
4. Expand outpatient and community-based services	Emma Quinn
5. Enhance and streamline system of care for children	Carlotta McCleary Amanda Peterson
6. Continue criminal justice strategy	Carl Young Carlotta McCleary
7. Recruit and retain a qualified & competent workforce	Kurt Snyder
8. Expand telebehavioral health	Mark Schaefer
9. Ensure values of person-centeredness, cultural competence, and trauma-responsiveness	Vacant
10. Encourage and support community involvement	Vacant
11. Partner with tribal nations to increase health equity	Brenda Bergsrud
12. Diversify and enhance funding	Vacant
13. Conduct ongoing, system-wide, data-driven monitoring of needs and access	Carl Young

Thank You.



www.hsri.org/ND-plan

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