

## Independent Living Skills



The Chafee Independent Living program provides assistance to foster care youth in these areas:

- Crisis management
- Education
- Employment
- Grocery shopping
- Housing
- Life skills
- Meal preparation
- Money management
- Nutrition
- Personal and home safety
- Peer socializing
- Positive parenting
- Study skills

Distributed By:

This brochure was created by the ND Department of Human Services specifically for current and former foster care youth eligible to participate in the North Dakota Chafee Independent Living Program.

**If you have further questions, please contact:**

Children and Family Services Division  
Independent Living Administrator  
701-328-4934

[www.nd.gov/ndyouth](http://www.nd.gov/ndyouth)



DN 1465 (12-10)

# Chafee Independent Living Program



**Let's Make a Plan!**

## NYTD

**National Youth in Transition Database (NYTD)** collects data from current and former foster care youth to help advance the foster care systems across the nation. North Dakota encourages youth to participate and offer personal insight as they age out of care.

### NYTD Surveys:

- Youth ages 17, 19, and 21 may be asked to complete a short survey to improve foster care services.
- When youth exit care, they are encouraged to provide an email, mailing address, and phone number to their case manager or IL Coordinator.
- Incentives will be provided to youth who are complete a surveyed.

## Referrals

**When referring youth, what forms go to the Chafee Independent Living Coordinator?**

1. Chafee Referral Form - SFN 1613
2. Former Youth Referral - SFN 1614
3. Release of Information - SFN 970

**Note:** The Chafee Independent Living program will serve youth based on priority status defined in policy 624-10.

## Programming

The Chafee Independent Living Program mission is to ensure that youth involved in foster care receive services and support which will enable them to successfully transition to adulthood.

### Program Includes:

1. Supporting foster youth ages 16 to 21
2. Completing assessments
3. Planning for transition
4. Training on various topics
5. Socializing/relationship building
6. Youth Leadership meetings
7. General Flex Funding
8. Room and Board Flex Funding
9. Education and Training Voucher
10. Participation Incentives

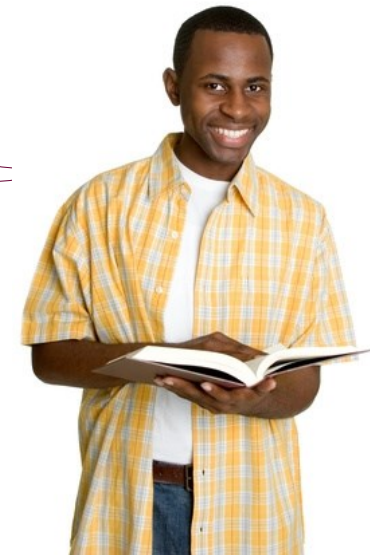
## Reaching Goals Each Day!



## Youth Quotes

“The IL Program has helped me learn how to balance a checkbook and prepare for living on my own!” ~ Derrick, 17

“The IL Program has helped me pay for items I did not have money to pay for.” ~ Katie, 16



“The IL Program helped me develop my leadership skills and become more organized.” ~ Danny, 22

“The IL Program has many benefits; it is helping me pay for college. Thank you so much Chafee IL!” ~ Kyla, 17

“The IL Program has given me a voice and helped me learn new skills.” ~ Nicole, 18