



# ABUSE HURTS AT ANY AGE *...recognize it and report it*

**ABUSE** refers to any intentional or negligent act that causes harm or serious risk to a **vulnerable adult**.

There are many kinds of abuse:

- **Physical** pain or injury, depriving of basic needs or confinement
- **Emotional** or mental pain, anguish or distress
- **Sexual** contact that is non-consensual
- **Exploitation** of funds, property or assets of a **vulnerable adult** for personal profit
- **Neglect** and abandonment including depriving a **vulnerable adult** of food, water, shelter, medication or health services

A vulnerable adult is any person older than age 18, or emancipated by marriage that has a substantial mental or functional impairment.

**Look for the signs and report any abuse.**

***To Report Abuse, Neglect or Exploitation  
of a Vulnerable Adult:***

**1-855-462-5465 (1-855-G02LINK)**  
[nd.gov/dhs/services/adultsaging/reporting.html](http://nd.gov/dhs/services/adultsaging/reporting.html)

# WHO TO CONTACT IF YOU NEED HELP

## Emergency Services — 911

### Aging and Disability Resource Link

1-855-462-5465 (1-855-G02LINK)

[carechoice.nd.gov](http://carechoice.nd.gov)

Statewide Connection to:

Health Services

Home delivered/congregate meals

Options Counseling

Home and Community Based Services

(personal care, homemaker)

Financial Assistance (food, medical, heating)

Transportation Services

Caregiver Support Services

Long Term Care Ombudsman Services

Supportive Counseling

Vulnerable Adult Protective Services

Information and Referral

Local Contact Agency

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### Alzheimer's Association of MN/ND

1-800-272-3900     [alz.org/mnnd](http://alz.org/mnnd)

### ND Attorney General Consumer Protection

1-800-472-2600     [attorneygeneral.nd.gov](http://attorneygeneral.nd.gov)

### ND Protection and Advocacy

1-800-472-2670     [ndpanda.org](http://ndpanda.org)

### ND Securities Department

1-800-297-5124     [nd.gov/securities](http://nd.gov/securities)

### Legal Services of ND

1-866-621-9886     [legalassist.org](http://legalassist.org)

### Suicide Prevention Lifeline

1-800-273-TALK (8255)

**First Link Hotline** (24/7 support, crisis, referral services)

211

### National Domestic Violence Hotline

1-800-799-7233

### Veterans Crisis Line

1-800-273-TALK (8255) Press 1

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1-866-554-5383     [aarp.org/nd](http://aarp.org/nd)

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