# Youth Advisory Board Meeting October 10, 2021 Meeting Notes

### Welcome & Introductions

Cadence Walther	Chloe Whiteside
Andrea Duah	Brynn Gaeble
Cam Albers	Paige Bishop
Emma Auch	Katelynn Albers
Payton Bergman	Benjamin Striebel
Hayden Kemp	Caitlin MacKenzie
Katrina Just	Faith Johnson
Ema Lee	

**Others in attendance:** Krissie Guerard, Kiamya Philson, Alicia Belay Cora Rabenberg, Katarina Domitrovich, Beth Oestrich, Jamie Thongphet

## Welcome and Introductions

## Pediatric Mental Health – Jennifer Faul, Sanford Health

- Discussion on mental health.
- What would you want your primary care doctor to know?
- What would you think about having behavioral health screeners at schools?

## **Community Assessment – Alicia Belay**

- Need to develop a plan for CDC on how to eliminate HIV and reduce STIs in the state and the plan is due next year.
- Sexual health survey was sent out; met with people living with HIV, now trying to figure out how to talk to youth in a way that they will be comfortable.
- Some ideas include an anonymous survey, risk level game (rice purity test), etc.

## Family Planning – Cora Rabenberg

- Presentation attached to meeting minutes.
- Discussion on outreach.

## Healthy Behaviors Campaign Update – Katarina Domitrovich

• Working with the Youth Advisory board on this campaign. The youth will be the face of this campaign and the topics include, COVID, immunizations, mental health, diet, exercise, financial and sexual health, etc. These topics will show up on different forms of social media.

## 2022 Meeting Dates – Krissie Guerard

• Krissie will sent out an email survey on the group's preference for meetings next year.

## Next Meeting: - December 5, 2021 - 3:00 p.m. to 5:00 p.m.