

NEW AMERICAN/FOREIGN BORN/IMMIGRANT ADVISORY BOARD MEETING

8/25/2023

MEETING MINUTES

Welcome/Rollcall
COVID-19 Taskforce Update <ul style="list-style-type: none">• PowerPoint attached to email.
Activity <p>Self-experiences in our jobs when working within NFI communities.</p>
Mental Health, Peer Support and Grant Opportunity, Dipshika Sharma <ul style="list-style-type: none">• <u>North Dakota Mental Health Program Directory Health and Human Services North Dakota</u>• ND Behavioral health programs: <u>Mental Health Health and Human Services North Dakota</u>• <u>Switchboard</u>: It is a one-stop resource hub for materials, learning opportunities, research, and technical assistance on resettlement-related topics, including employment, education and health.• Opportunity to provide Peer support Endorsement training for non-NFI peer support specialists. Topics include:<ul style="list-style-type: none">○ Who is NFI, refugee and immigrant○ North Dakota-specific information/statistics - We will work to get this information to the trainee.○ Responsivity: how can you be responsive to these cultures?○ What are general responsivity strategies?○ Cultural Humility - This topic would cover understanding and respecting refugees' cultural beliefs, values and practices.○ Communication skills: This topic would cover effective communication strategies, including active listening, empathy and non-judgmental language.○ Understanding the refugee/NFI journey experience: This topic would cover the experiences of refugees, including their reasons for leaving their home country, their journey to a new country and the challenges they face during the resettlement process.○ Resources• Our office will also build an interpreter list for ND embedded in our website. If anyone wants to be on that list. Please send me their full name, phone # or email ID.• Mental health first aid training: We will also provide MHFA training through the refugee resettlement office in fall 2023.
Open Discussion <p>The NFI Advisory Board will receive around \$10,000. According to the experiences of each member in their personal and professional life as NFI people and working for NFI communities, there are some ideas to decide in the future workforce:</p> <ul style="list-style-type: none">• Newsletter / social media/communication campaign for the NFI community to help/support/improve the community connection problem.• Resources list for the NFI community.• Drug awareness initiative: Opioid <p>No decision was made at the meeting; it was only a brainstorm. The ideas will be developed in the following meetings with the Board members.</p>

Next meeting and closing

- We will need to choose a Chair.
- The NFI Advisory Board will offer training for members.

The next virtual meeting will be in October.

In Attendance

Nada Soliman	Agnes Mason
Alicia Belay	Luisa Hoyos
Patrick Thornock	Johanna Fajardo
Ahmed Makaraan	Carolyn Kueber
Caprice Knapp	Rhoda Adewunmi
Fowzia Adde	