

# Youth Advisory Board Meeting – Meeting Minutes December 4, 2022

Cam Albers	Andrea Duah
Hayden Kemp	Lauren Jorda
Caitlin MacKenzie	Brynn Gaeble
Olivia Gartner	Will Nelson
Chloe Whiteside	Ashton Hollingsworth
Paige Bishop	Megan Gasparini
Isabelle Haring	Jacob Frisinger
Jayda Remboldt	

**Others in attendance:** Katarina Domitrovich, Ruth Nwatu, Hope Brighton, Russ Korzeniewski, Kathleen Donahue, Roger Bryant, Krissie Guerard, Katie Leitch

### Welcome and Introductions, Hayden

## Hazards, Threats and Mitigation Impacts – Kathleen Donahue & Russ Korzeniewski, ND Health and Human Services

- Presentation attached to minutes.
- What hazards are most concerning to this group:
  - Winter weather
  - Car accidents
  - Flooding
  - Grass fires

#### Health Literacy Project & TikTok Update, Katarina Domitrovich & Ruth Nwatu

- There are three different project withing the overall project. Working on a document to collect youth health history; a health literacy test; life transitions document.
- TikTok focus on physical activity.

### The Campaign, Katarina Domitrovich

- Feedback on the Health Habits Campaign scripts
  - o Better than the first ones; still needs some work, maybe too dismissive
  - The immunization script was much better
  - Like the sibling dynamic vs, the teacher
  - o A couple of the phrases were a little odd

- o Maybe too large of a sibling age gap
- O Vague when talking about mental health
- o The person doesn't always have to seem depressed/sad
- Muscles doesn't always equate to healthy
- Everyone will get a copy once the scripts are complete.

The board is getting an additional \$20,000 from the Workforce Grant. Taskforce would be a good way to come up with ideas on how to utilize these funds.

Next Meeting: March 12, 2023 - 3:00 p.m. to 5:00 p.m.