

North Dakota System of Care

*Behavioral Health Planning Council Update
October 18, 2023*



ND SOC Grant Overview

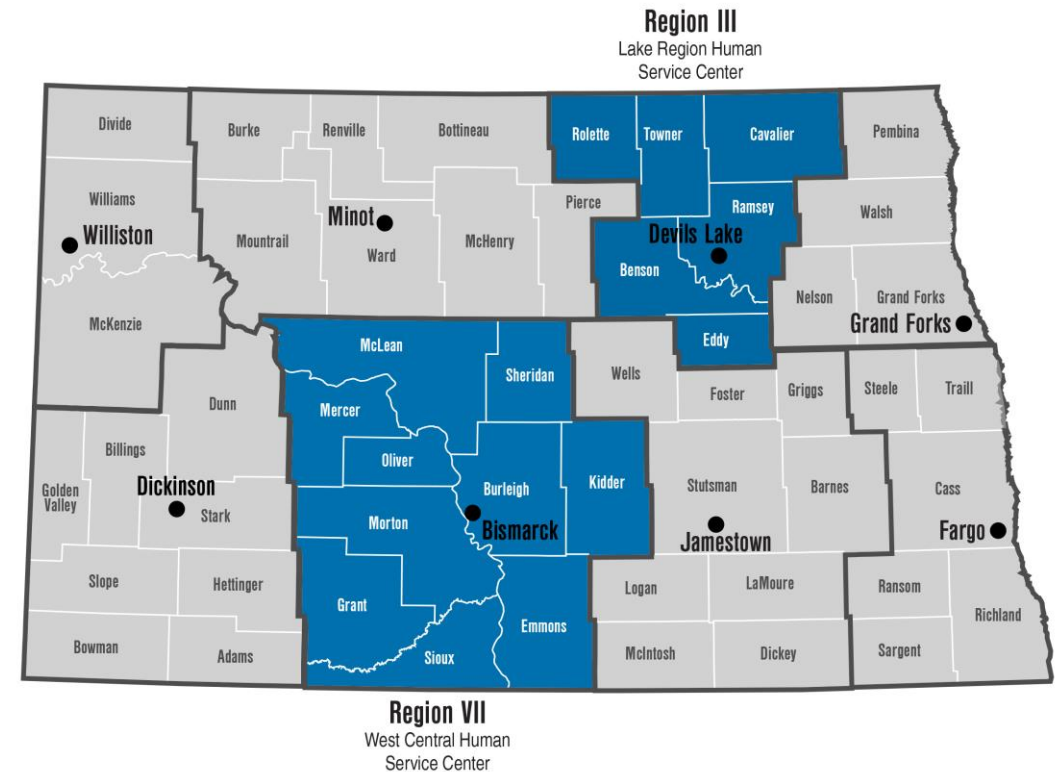
Substance Abuse and Mental Health Services (SAMHSA) System of Care (SOC) Expansion and Sustainability Grant – one of six states awarded \$3 million per year for 4 years.

SOC Grant Purpose

We will utilize funding to build and expand a comprehensive set of community-based behavioral health services and supports for children and youth with serious emotional disturbances (SED), birth through age 21, and their families.

Geographical Catchment Areas

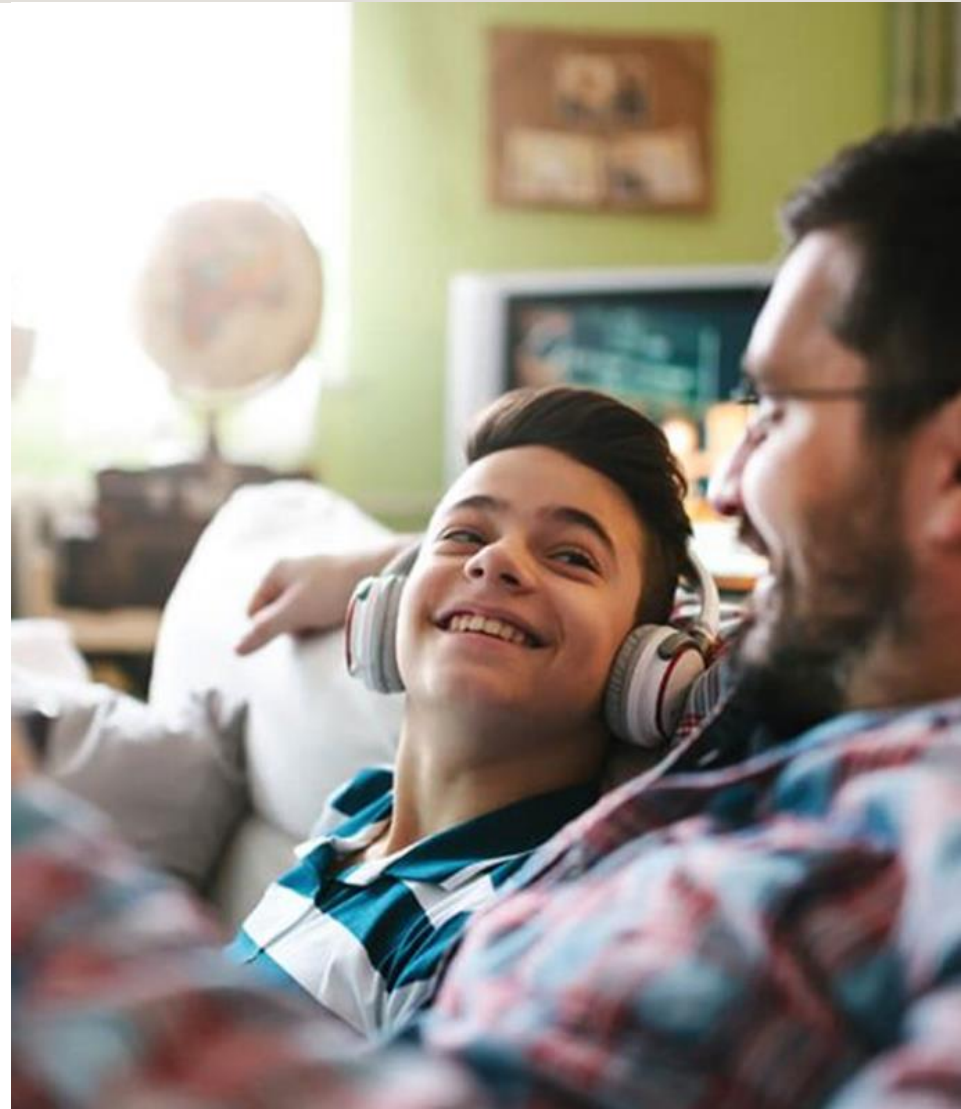
These regions include four tribal nations: The Standing Rock Sioux Tribe, Spirit Lake Nation, the Turtle Mountain Band of Chippewa Indians and Mandan Hidatsa Arikara Nation.



ND System of Care – Goal One

To develop a sustainable infrastructure to support the System of Care approach for ND children with SED and their families.

- Coordinated, referral pathways
- Integration of trauma-informed care elements throughout project
- Promote and sustain family and youth engagement in the SOC (e.g. family and youth peer support, family and youth leadership development)
- Develop a sustainability plan
- Provide training on SOC, evidence-based practices and community defined interventions
- Develop new and/or maintain existing collaborative partnerships across child-serving agencies, providers, and programs
- Develop a governance structure for SOC



ND System of Care – Goal Two

To increase access to high-quality and culturally appropriate services and supports available to children with SED and their families in the identified regions.

- Diagnostic and Evaluation Services
- Outpatient services
- 24-hour crisis emergency services
- Intensive home-based outreach services and case management
- Intensive day treatment services
- Respite care services
- Therapeutic foster care services
- Transition from the child system to the adult delivery system

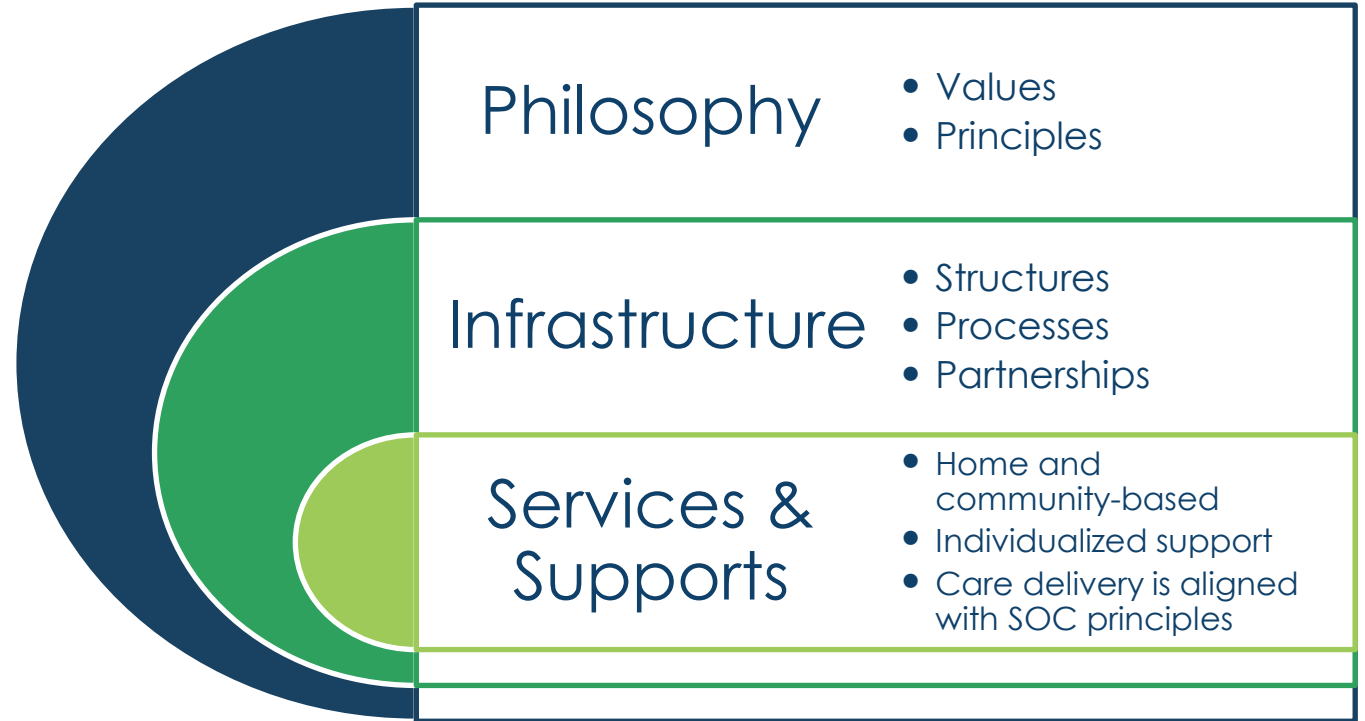


System of Care Values

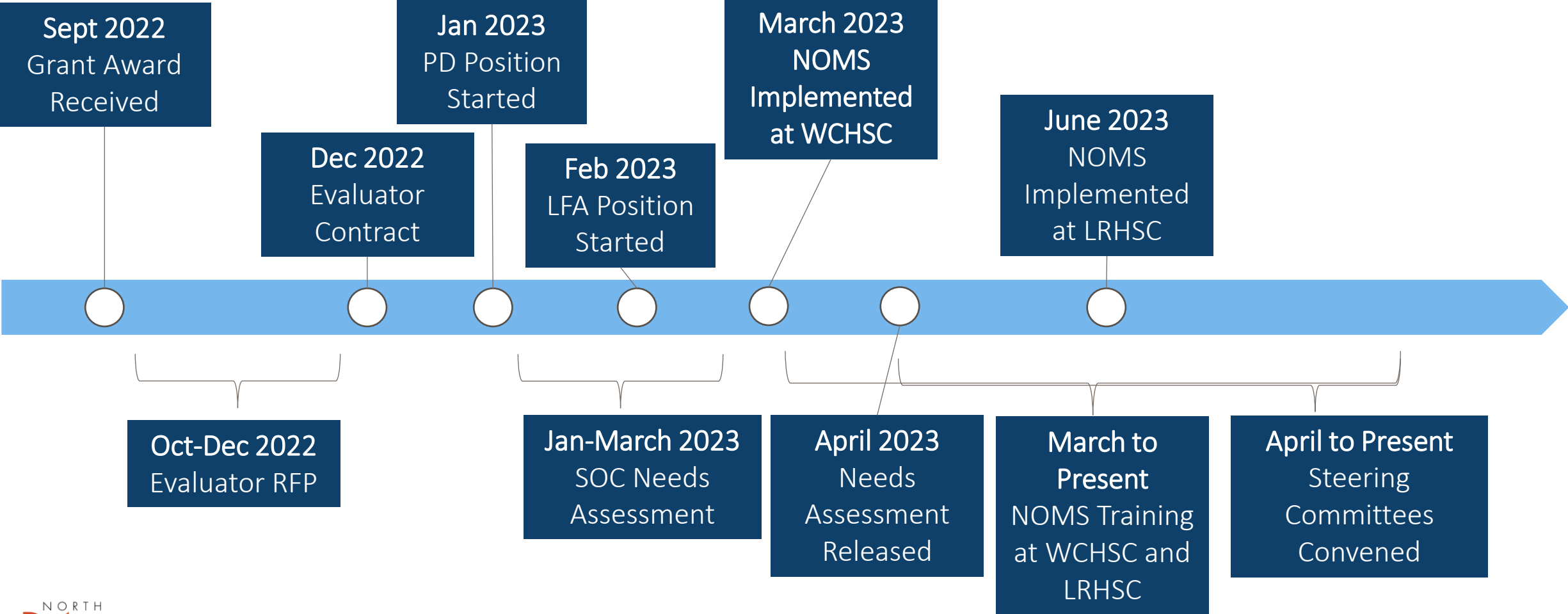
Community-Based

Youth and Family Driven

Culturally and Linguistically Responsive



ND SOC Timeline



ND SOC Infrastructure Updates

Steering Committees

- Convened monthly regional steering committees for Region 3 and Region 7
 - Region 7: 13 active members
 - Region 3: 18 active members
- Representation from HSCs, Zones, juvenile court, schools, family run organizations, tribal mental health providers, parents with lived experience.
- Into Year Two, seeking to increase representation of youth and families with lived experience, tribal community members, juvenile justice, schools, and other community stakeholders up to 24 active members. The committees have expressed interest in forming working groups.



ND SOC Infrastructure Updates (cont.)

Key Priorities and Barriers Identified by Committees:

Services:

- Crisis and Safe Beds
- Family Peer Support
- Tiered Approach to intensive care coordination including High Fidelity Wraparound

Barriers:

- Eligibility criteria, insurance status, and high risk or significant “behaviors”
- Workforce shortage, development, and training
- Lack of shared responsibility

ND SOC Infrastructure Updates (cont.)

Barriers Identified by Committees:

- Eligibility criteria, insurance status, and high risk or significant “behaviors”
- Workforce shortage, development, and training
- Lack of shared responsibility

Barriers Identified by Evaluators:

- Disparities in access for Medicaid and private insurance
- Challenges implementing 1915i and Title IV-E Prevention Services
- Limited workforce and inexperienced staff
- Different perspectives on responsibility and liability

ND SOC Infrastructure Updates (cont.)

Family and Youth Engagement

- Developing partnerships with family advocacy organizations
- Presented to DHHS Youth Advisory Board and have upcoming engagement with the NEXUS Path Youth Advisory Board.
- Supporting a North Dakota cohort (BHD, HSCs, and family run organizations) to attend the National Federation of Families Conference.
- Innovations Institute to present on Family Peer Support best practices at the 2023 Behavioral Health and Children and Family Services Conference.
- SOC funding to support training, technical assistance, and implementation for Family and Youth Peer Support.
- In Year two, need to foster relationships with family run organizations, those with lived experience.



ND SOC Infrastructure Updates (cont.)

Cross-system Partnership

- As per grant requirements, partner engagement continue to be of significant priority including engagement with:
 - DHHS Tribal Liaisons
 - Tribal Health Directors
 - Tribal child welfare
 - Tribal and regional juvenile justice professionals
 - DPI and School-based professionals
 - Children and Family Services and Zone leadership

Completed approximately 150 calls and presentations



ND SOC Infrastructure Updates (cont.)

HSC Data Infrastructure

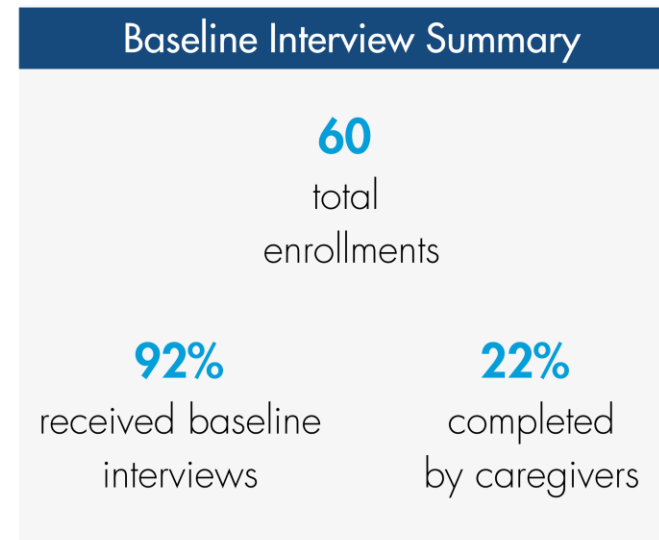
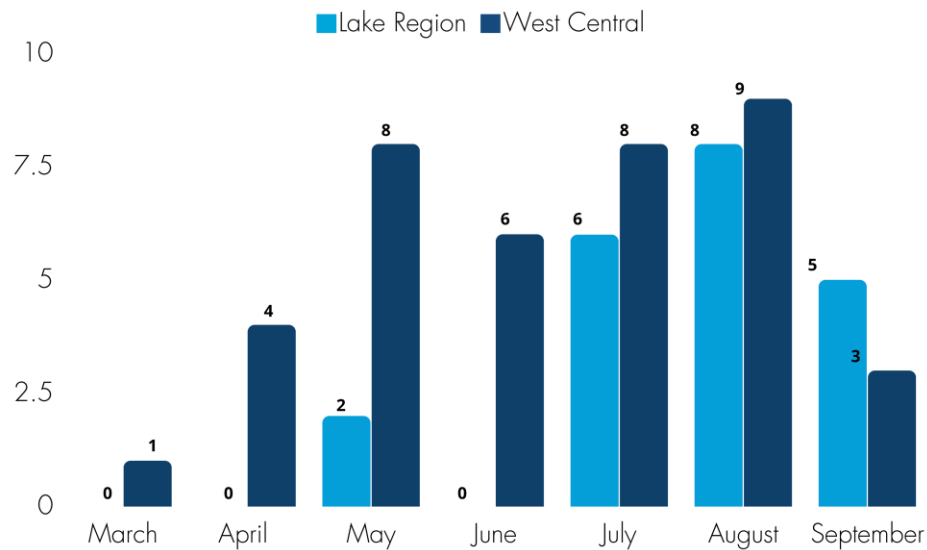
- SOC Team working closely with state-wide HSC leadership, WCHSC and LRHSC to engage in SOC infrastructure development.
- Integrated National Outcome Measures (NOMS) tool into Electronic Health Record (EHR) and trained 50 staff in SOC and NOMS best practice.
- Baseline, 6 month, and discharge data is being collected currently for all clients 0 through age 21.



ND SOC Service Array Updates

Human Service Center Reporting

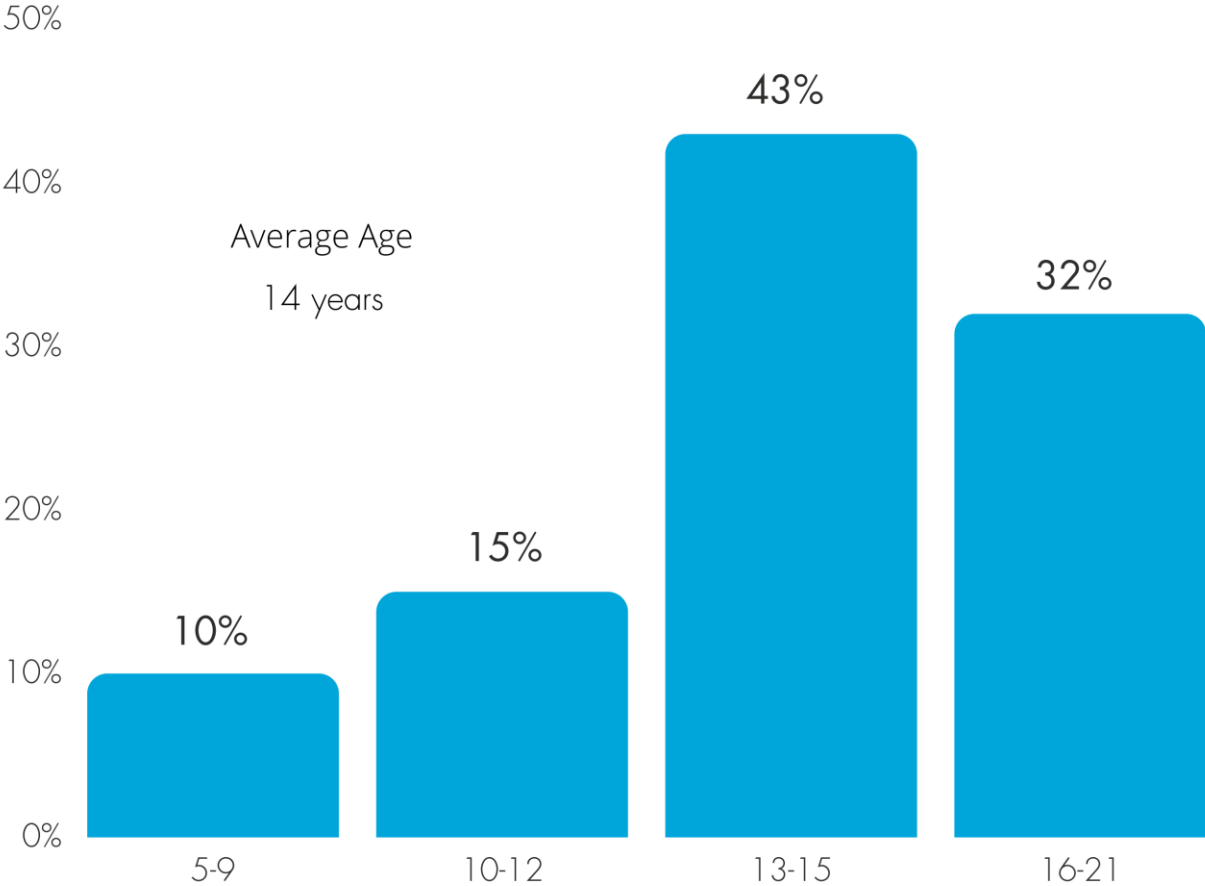
- Currently reporting on National Outcome Measures (NOMS) and the numbers for Diagnostic and Evaluation Services, Outpatient Services, Crisis Services, and Intensive home-based outreach and case management services.



ND SOC Service Array Updates (cont.)

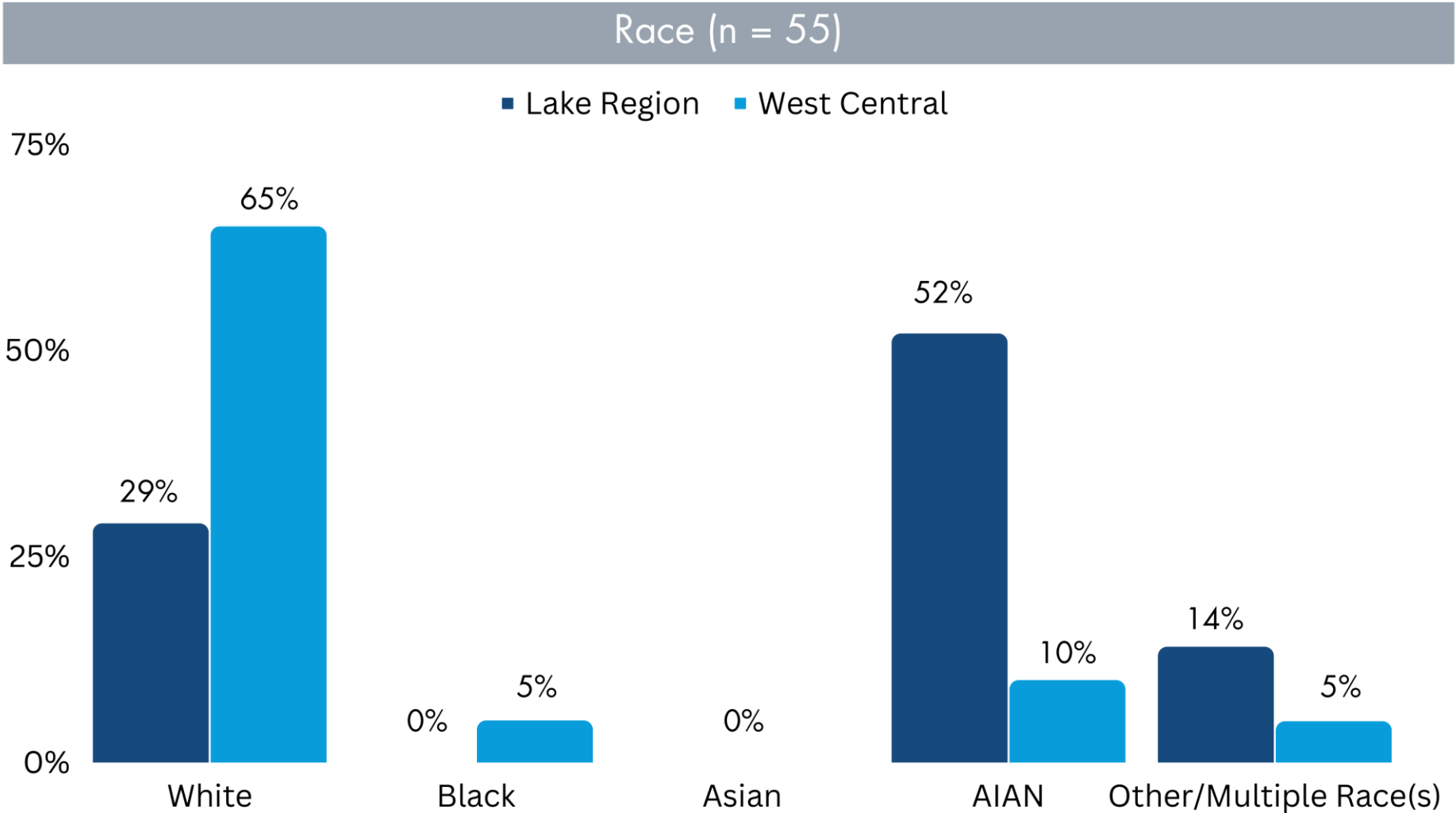
Age groups

Age Groups (n = 60)



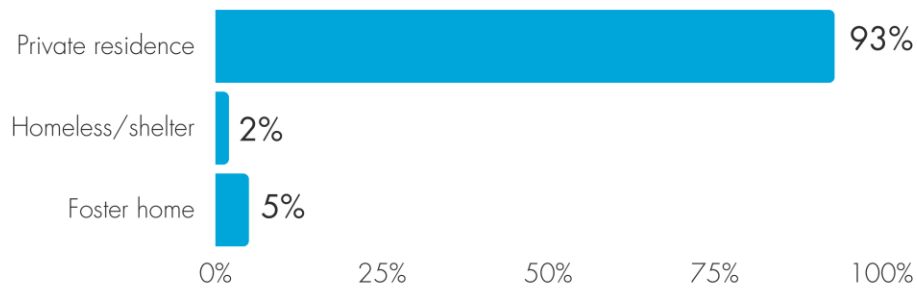
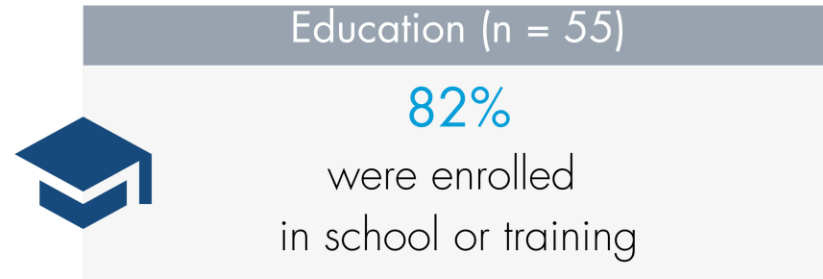
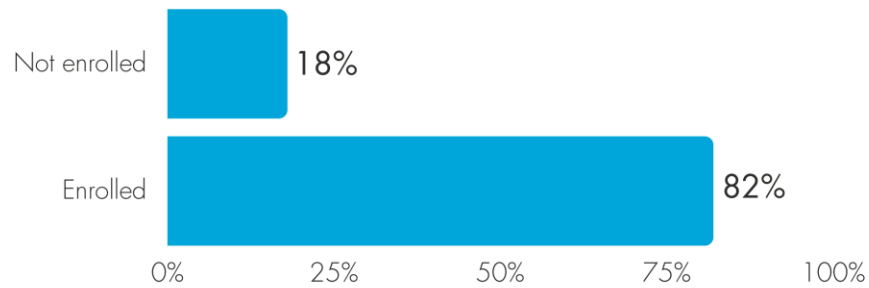
ND SOC Service Array Updates (cont.)

Racial Identity by Site



ND SOC Service Array Updates (cont.)

Housing and Education



ND SOC Service Array Updates (cont.)

Troubled Nights and Events



2
experienced
homelessness



6
visited the ER for a
psychiatric or
emotional problem



6 experienced
arrests
3 spent time
in jail



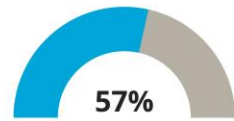
4
were admitted to the
hospital for a
psychiatric problem

ND SOC Service Array Updates (cont.)

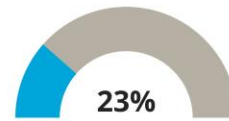
Snapshot

Demographics

identified as White



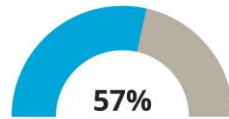
identified as a sexual minority



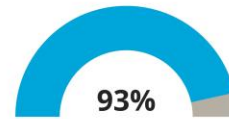
Average Age



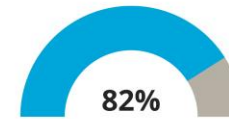
identified as Male



lived in private residence

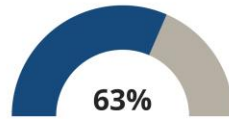


enrolled in school/training

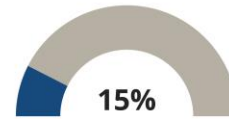


Diagnoses & Self-Reported Functioning & Wellness

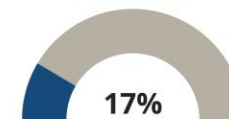
diagnosed with MDD



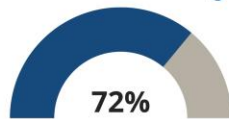
had a positive suicide screen



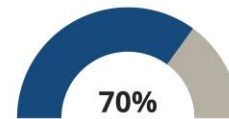
had a cannabis-related disorder



felt restless or fidgety



felt nervous



struggle in social situations



ND SOC Next Steps

Three Month Priorities

- Partial Hospitalization Program – Bismarck-Mandan Region
- Certified Shelter Beds
- Community Grants
- Family Peer Support – technical assistance, training
- Transition services for ages 18 through 21
- Defining target population, vision, and key outcomes with SOC Evaluator





Thank You

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