



North Dakota Department of Health and Human Services (ND DHHS) - Family Planning
Program

Standing Orders for the Treatment of Chlamydia

Patient Eligibility:

- Indicated for patients with a positive test for chlamydia (*C.trachomatis*).
- Recent exposure (within 60 days) to a known positive case of chlamydia.
 - Patient provides the name of the sexual partner, and the Registered Nurse verifies the diagnosis of the named sexual partner with NDDHHS or by calling the medical provider of the sexual partner.
- No allergies to medications.

Patient Exclusion:

- If ANY allergies to medications must call a healthcare provider to receive a verbal or written order for treatment.
- If ANY signs or symptoms of genital /pelvic infection, must refer to a healthcare provider.
- If a patient is pregnant or breastfeeding, must refer to a healthcare provider.
- If a patient has a positive test from a rectal site, must refer to a healthcare provider.

Patient Education:

1. Provide and review with the patient the following fact sheet: Chlamydia - CDC Fact Sheet, <https://www.cdc.gov/std/chlamydia/stdfact-chlamydia.htm>
2. Prevention of future STIs and risks of untreated STIs.
3. Instructions on the medication (to include benefits, risks, side effects and warning signs). <https://medlineplus.gov/druginfo/meds/a697037.html>
4. **Abstain from sexual activity for seven days after treatment and for seven days after all sex partners have completed their treatment.**
5. Provide the patient with condoms for correct and consistent use post-treatment.
6. Obtain names of all sexual contacts from the last sixty days and complete the NDDHHS-STD Report Form for Healthcare Providers and fax it to a local epidemiologist.
7. Retest 3 months after treatment. If retesting at 3 months is not possible, the patient should be retested whenever they present for medical care in the 12-month period following initial treatment.

Nursing Action:

Registered Nurses may treat any eligible patient as defined above after notification to the healthcare provider of the positive test result.

Administer: Azithromycin 1 gram orally in a single dose



(This medication can be taken with or without food)

The Registered Nurse must observe the patient taking this medication (cannot be sent home for later use).

The Registered Nurse must document the client's treatment in the client's medical record and sign off by the provider with prescriptive authority.

Signature _____ Date _____
Agency Medical Director