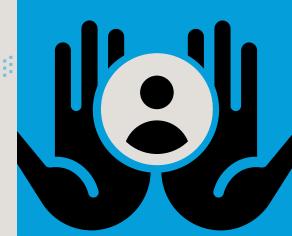
Nonspecific Symptoms Checklist for Residents with Cognitive Impairment

Nonspecific symptoms are not related to any particular body part or system. Examples include falls, not eating or drinking well, tiredness, weakness, altered mental status, and agitation.

In the past, residents were treated for UTIs or infection due to nonspecific symptoms, but research has shown that infection only causes a SMALL number of nonspecific symptoms. Thus, other causes should be explored first.



Nonspecific Symptom Checklist

| | as a history of recurrent U ay be obtained. |
|--|--|
| Look for signs of stress, anxiety, or depressi | |
| | pation and other sources of |
| | f respiratory or GI illness |
| discontinuation c | 3 |
| Review Medicati | ions e in dosage, new or |
| fluids from provid | der. |
| Hydrate orally or If fluid is restricte | parenterally. ed, request increase in amour |

| Common Causes of Nonspecific Symptoms |
|---------------------------------------|
| Dehydration |
| New Medication |
| Respiratory infection |
| GI infection |
| Poor Sleep |
| Arthritis or other pain |
| Constipation/Impaction |
| Stress |
| Anxiety |
| Depression |