

Sinkiyada: Qaabka Gudbinta Caabuqa?



Bakteeriya dhuuban ay ka dhismi kartaa marka shay lagu faaruqiyo sinkiga gacmaha lagu dhaqdo. Tani waxay keeni kartaa in noolaha ku nool gudaha tuubooyinka/biyo-mareenada inay ku wasakheeyaan deegaanka biyaha iyo fidhidhka marka sinkiga la isticmaalo. Wasakhada hababka daryeelka caafimaadku waa inay lahaadaan xakameeyayaasha firidhka si ay u yareeyaan khatartan.



Haku faaruqin dareeraha jidhka gudaha sinkiga.



Ha faaruqin bacaha faleebbaa, antibiyootiga, waxyaabaha kale ee IV-ga lagu daro ama dawooyinka gudaha sinkiga.



Ha ku daadin cuntada dareeraha ah ee sida gaar ah loo diyaariyey ama cuntada dheeriga ah gudaha sinkiga.



Ha ku kaydin alaabta daryeelka bukaanka/deganaha dusha sinkiga.



Wixii macluumaaad dheeraad ah la xiriir Kooxda Qiimaynta iyo Ka-Jawaabta Xakamaynta Infekshinka (Infection Control Assessment and Response, ICAR) hhsicar@nd.gov

Xaqiji in barnaamijkaaga badbaadada biyuhu uu ka eegayo sinkiyadaada goobaha daryeelka,

- Ma jiraan xakameeyayaasha firidhka?
- Xaggee alaabta lagu kaydiyaa agagaarka/hoosta sinkiga?
- Miyeey tuubooyinku si toos ah ugu shubmaan bullaacadaha?
- Xaqiji in sinkiyadu si fiican biyuhu uga dareerayaan.