

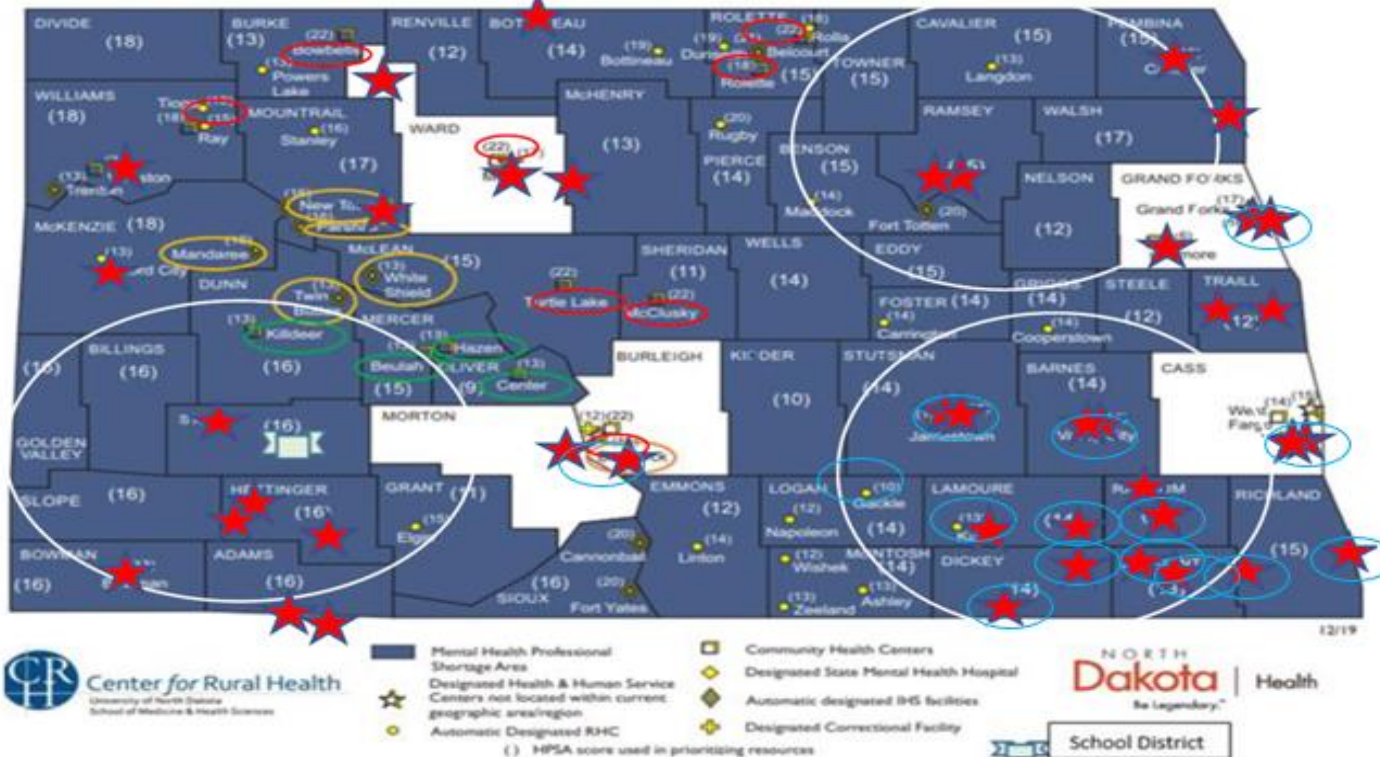
# PEDIATRIC MENTAL HEALTH CARE ACCESS PROGRAM



# PMHCA THIRD QUARTER UPDATES

Goal 1: Increase telehealth behavioral health services to children and adolescents in underserved areas of the state

North Dakota Mental Health Professional Shortage Areas



Enrolled Clinics in ND PMHCA

**Yellow:** Elbowoods Memorial Clinic\*

**Green:** Coal Country Community Healthcare Centers

**Orange:** Bismarck – UND Center for Family Healthcare

**Red:** Northland Health Centers

**Blue:** Sanford Clinics

**White Circles** show areas of current recruitment efforts by the program and Level Marketing-established Social Media presence (Facebook, Instagram, LinkedIn)

# PMHCA THIRD QUARTER UPDATES

- There were 40 case consultations to providers in North Dakota since Oct. 1, 2021. All families are offered care coordination and assistance to fulfill social determinants of health (gas, heating, food assistance, childcare, care referrals and coordination) from Family Voices of North Dakota, a team member of the ND PMHCA program.
- Care coordination efforts resulted in 107 referrals to care providers throughout North Dakota.
- Outreach efforts to clinics included NDPMHCA staff visits to the clinics in the Northwest, Southwest and North Central areas of North Dakota.

# PMHCA THIRD QUARTER UPDATES

Goal Two: Extend knowledge to pediatric primary care professionals across the state for the early identification, diagnosis, treatment and referral of mental health disorders

**Project ECHO:** ECHO topics included:

- Ⓢ Pediatric Eating Disorders –Dr. Jorgensen
- Ⓢ Brain Injury – Rebecca Quinn
- Ⓢ Helpful School Adjustments/  
Accommodations, Carley Endres
- Ⓢ ADHD, Dr. Pathak



So far, 119 professionals trained Oct. 21-June 22

The North Dakota Pediatric Mental Health Care Access Program Presents:  
**Dr. Ross Greene, Ph.D.**

**Collaborative & Proactive Solutions:**

## **Moving from Power & Control to Collaboration & Problem Solving**

**Don't miss this thought-provoking event intended for educators, parents, primary care providers and clinicians of all levels.** Discover how the Collaborative & Proactive Solutions (CPS) model of care has transformed thinking and practices in countless families, schools, inpatient psychiatry units, and residential and juvenile detention facilities, resulting in dramatic reductions in adult-child conflict, concerning behaviors, disciplinary referrals, detentions, suspensions, restraints, and seclusions.



Visit [ndpmhca.org](http://ndpmhca.org)  
or scan the QR  
code now to  
register for this  
free event.

**SANFORD**  
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NORTH  
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Be Legendary.™



**FREE**  
Virtual two-day  
training with  
continuing education.

**August 18–19, 2022**  
8:30 a.m.– 3:30 p.m.

We were proud to host the following speakers:

- Dr. Ken Ginsburg, Children's Hospital Philadelphia
- Dr. Robert Hilt – Seattle Children's Hospital
- Dr. Kelliher – UND
- Dr. Dee Bigfoot – Univ. Oklahoma
- Dr. Kathy Anderson- Past President ND AAP
- Dr. Balf – Bismarck Practitioner
- Dr. Elissa Brown- St. John's University
- Roxy Vanderies, Sanford
- Dr. Tiffany Moore Simas-UMass
- Dr. Kathryn Gordon- Sanford Research
- Dr. Philip Kendall – Temple University
- Dr. Marilyn Benoit –Past President of the AACAP



**FREE**  
Virtual one-day  
symposium with  
continuing education.

**September 22, 2022**  
8:00 a.m. – 5:00 p.m.

# SAVE THE DATE!

September 22, 2022

**Don't miss the 3<sup>rd</sup> Annual Pediatric and Primary Care Behavioral Health Symposium.**

**Experience this free virtual event. Gain invaluable knowledge.**

The North Dakota Pediatric Mental Health Care Access Program and Sanford Pediatric and Primary Care departments, in partnership with the North Dakota Department of Health, are hosting their 3<sup>rd</sup> annual virtual symposium.

This event will cover important content tracks including Cultural Considerations in Mental Health Treatment, In-Depth Skill Development on Trauma Assessment and Motivational Interviewing, and Behavioral Health Clinical Skills to Enhance Patient Care.

**Register for this FREE special event today.**

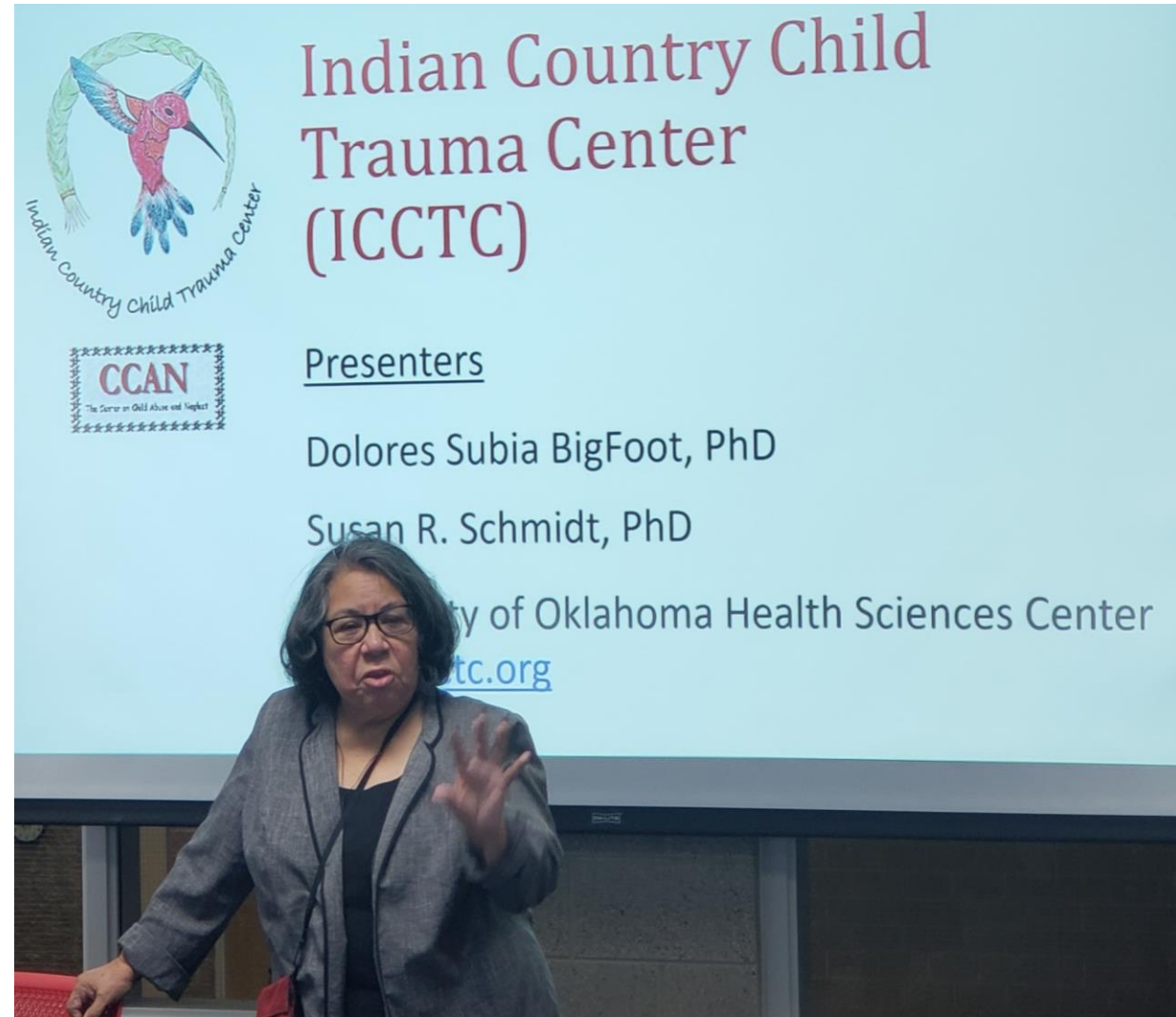


Visit [ndpmhca.org](https://ndpmhca.org)  
or scan the QR  
code now to  
register for this  
free event.




# HONORING THE CHILDREN MENDING THE CIRCLE

- Dr. Dee Bigfoot and Dr. Susan Schmidt trained 11 providers on Honoring the Children Mending the Circle in Turtle Mountain on Sept. 20-23
- 11 additional providers trained in Bismarck on Sept. 26-29
- Providers were invited to the trainings due to their work in Native American communities.



The image shows a woman with glasses and a grey blazer standing in front of a presentation slide. The slide has a light blue background and contains the following text and graphics:

- 
- Indian Country Child Trauma Center (ICCTC)**
- Presenters
- Dolores Subia BigFoot, PhD
- Susan R. Schmidt, PhD
- University of Oklahoma Health Sciences Center
- [icctc.org](http://icctc.org)

The woman is gesturing with her right hand while speaking into a microphone.

# Primary Care Principles for Child Mental Health

By Robert Hilt, MD, program director, Partnership Access Line and Rebecca Barclay, MD, associate clinical program director.

Minor edits made for North Dakota Pediatric Mental Health Care Access Program

July 2022



ND PMHCA team, in collaboration with the Seattle Children's Partnership Access Line (PAL) created the Primary Care Principles for Child Mental Health.

## Other Collaborations

- Rebecca Quinn and Carly Endres, North Dakota Brain Injury Network – their manual for Head Injury is included
  - Jodi Hulm, Director of Managed Care and Children's Services
  - Dr. Ross Greene for added content in Disruptive Behaviors care guide
- The 218-page care guide is printed and gifted to all enrolled providers.



## Revised website work:

- Formerly hosted on the Center for Rural Health Website, it now has a domain on its own still at [www.ndpmhca.org](http://www.ndpmhca.org)
- All educational opportunities are available on the site
- All printable resources such as:
  - First line evidence-based treatments
  - Treatment algorithms
  - Free printable screeners
  - References: podcasts, books, fact sheets for providers, parents and patients are listed
  - State and national resources for help
- Added provider testimonials and additional diagnostic folders. Always evolving website.



# NEW TRAUMA SCREENING TRAINING WEBSITE



Register Log In

## Trauma Screening In **Children & Adolescents**

Register Now



## Overview

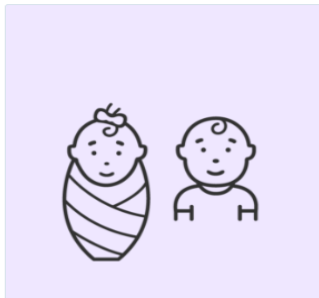
Unrecognized and untreated child traumatic stress can lead to the development of trauma-related symptoms. These symptoms can persist and worsen over time, making it critical to identify them early. Trauma screening in child service systems, such as child welfare and juvenile justice (SAMSHA, 2014), is one way to identify children and adolescents with trauma symptoms and improve access to evidence-based treatments. Trauma screening by frontline workers helps identify youth who need further assessment and possible intervention, inform service planning, create structure to discuss a child's welfare, and sustain trauma informed systems (Lang, et al., 2017).

[www.ndtraumatraining.com](http://www.ndtraumatraining.com)

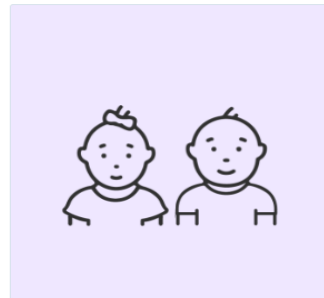
# NEW SCREENING TOOL FOR PATIENTS AT OFFICE

ND SCREENING

Select patient age:



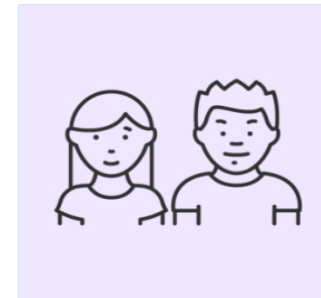
9-24 Months Old



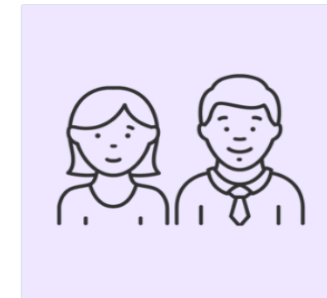
3-6 Years Old



7-12 Years Old



13-18 Years Old



19+ Years Old

Next

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[www.ndscreening.com](http://www.ndscreening.com)

# PMHCA THIRD QUARTER UPDATES

Goal Three: Include direct school-based delivery of telehealth services due to the shortage of healthcare providers and the lack of an infrastructure of primary care clinics

- ① Goal written in 2018 – with many changes since
- ① There are 142 medical centers in North Dakota and 739 schools
  - ① Many communities have schools but do not have a medical clinic
  - ① Providing health care to kids in schools helps to increase health equity
- ① Presented to the North Dakota School Counselors regarding universal school screeners as a national guideline and best practice per the National Department of Public Instruction.
  - ① SAMHSA – Ready Set Go materials

# PMHCA THIRD QUARTER UPDATES



[www.creand.org/full-service-community-schools](http://www.creand.org/full-service-community-schools)



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## Full-Service Community Schools



NORTH DAKOTA  
FULL-SERVICE COMMUNITY SCHOOLS CONSORTIUM

### Who We Are

The North Dakota Full-Service Community Schools (FSCS) is comprised of partners across various sectors who share the mission of supporting schools, students and families across the state.

### What Is A Full-Service Community School?

Full-Service Community Schools are both a place and set of partnerships that serve as a hub to a neighborhood or community. Full-Service Community Schools partner with other organizations to provide a coordinated and integrated set of comprehensive supports.

### Why Is The Full-Service Community School Model Important?

Not all students come to school ready to learn. Challenges such as hunger, behavioral health, access to early childhood education, and family engagement can be barriers to student success. Additionally, not all schools have the resources to provide for students and family needs. The FSCS model promotes partner collaboration, so schools



FSCS Statewide Film

### Resources

#### Online Materials

[NDFSCS Advisory Member Recommendations Guidance](#)

[Jefferson Elementary FSCS Film](#)

[Mary Stark Elementary FSCS Film](#)

[Washington Elementary FSCS Film](#)

# PMHCA YEAR 5 PLANS

The following is a list of activities scheduled for completion prior to Sept. 29, 2023

- ① Continue to work closely with the sub advisory committee, advisory committee and stakeholders on future efforts.
- ① Expand potential use ECHO programs
  - ① Cohort trainings in educational screenings
  - ① Cohort trainings for CPS for interested schools
- ① Develop 2023 ECHO series targeted to Primary Care Providers
- ① Develop Symposium for September 21, 2023
- ① Expand team collaborations with providers treating youth ages 0-21
- ① Examine elements of program sustainability
  - ① Apply for this grant for another five years with a larger award amount.

# PMHCA YEAR 5 PLANS

- ① We welcome guidance and feedback from the ND BHPC Advisory Group.....